

Cafe Allergen Information Sheet

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Bagels & Sandwiches

	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cream cheese and salmon bagel		X			X		X							
Cream cheese bagel		X					X							
Egg mayo bagel		X		X			x							
Tuna mayo bagel		X		X	X		X							
Tuna Melt toastie		X		X	X		X							
Cheddar Cheese Tomato toastie		X					X							
Smoked salmon and Cream cheese sandwich		X			X		X							
Tuna Mayo sandwich		X		x	X		X							
Egg mayo sandwich		X		X			X							
Pizza Margarita Slice		X					X							
Pizza topping - tuna					x									
Pizza topping - sweetcorn														
Pizza topping - olives														
Soup - DIFFERENT SOUP INGREDIENTS DAILY SEE BOARD	X	X					X							
Pasta- DIFFERENT PASTA INGREDIENTS DAILY SEE BOARD														
Veggie Roll		X		X								X	X	
Soya Roll		X		X									X	
Bureka (potato)		X		X								X		
Bureka (mushroom)		X		X								X		
Bureka (spinach)		X		X								X		
Bureka (cheese)		X		X			X					X		
Mini Bagel		X												
Mini pitta		x												
Latkes		X		X									X	
smoked Salmon bagel		X			X									
smoked Salmon sandwich		x			x									
Mushroom Quiche	x	X		X			X							
Tomato Quiche	x	X		X			X							
Avocado Roll		x					x					x		

Salads

[illegible]

Hot Food														
	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
3 Cheese Panini		X					X							
Mediterranean Panini		X					X			X				
Roasted Veg & Cheese Panini		X					X							
Tuna Mayo Baked Potato				X	X		X							
Egg Mayo Baked Potato				X			X							
Cheese, Beans Baked Potato							X							
Pastries														
	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
chocolate Croissant		X		X			X							
almond croissant		X		X			x			X	X			
Mini Rugelach		X		X			X							
Donuts		X		X										
plain croissant with jam and butter		X		X			X							
scone with jam and butter		x		x			x							
cake selection: victoria, chocolate, choco caramel, lemon		x		x			x							
pain au raisin		X		X			X							
cinammon swirl		X		X			X							
honey cake	X	x		x					x			x	x	x
mini cherry bakewells		x		x						x				
mini apple crumble		x		x										
Gingerbread man biscuit		x											x	
Yoghurt Granola Pots		X		X		X	X			X	X	X	X	
Hamantashen Poppy Biscuits		X		X										
Hamantashen Chocolate Biscuits		X		X									X	
Hamantashen Jam Biscuits		X		X										
Snacks														
	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cashews										X				
Bear Fruit (strawberry / mango)														
Spelt Pretzels		X												
Kosher Marshmallows mini heart shapes					X									
Marshmallow bites					X									
Syrups														
Cadbury Dairy Milk		May contain					X							
Cadbury Fruit n Nut		May contain					X			X	X			
Popcorn Salted							May contain							
Propercorn Sweet Salty														
Walkers Ready Salted	May contain	X					X		X				May contain	
Nature Valley canadian maple syrup		X								X	X		X	
Nature Valley granola bar		X					X			X	X		X	
Nature Valley dark chocolate & oats		x					x			x	x		x	
Gluten Free Oat Bar : apple & sultana ; chocolate chip ; apricot & chia		X gluten free oats												X
Kettle ready salted crisps														
Kettle sea salt & peppercorn crisps														
Maltesers		X					X						X	
Smarties		X					X							

Children Package

[illegible]

juice box														
raisins														X
fruit														
Ella's Kitchen prunes prunes prunes														
Ella's Kitchen pears pears pears														
Ella's Kitchen mangoes mangoes mangoes														
Ella's Kitchen bananas bananas bananas														

Drinks														
	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Syrups hazelnut										X	X			
Syrups vanilla														
syrup caramel														
Syrups blueberry														
Syrups Speculoos														
Syrup Lychee														
Syrup Watermelon														
Gingerella Latte		X					X							
Coke														
Diet coke														
Coke zero														
Sprite														
Lipton peach iced tea														
Fanta (orange, lemon, pineapple, grapefruit, fruit twist)														
Belvoir premium sparkling drink (Lemonade, Elderflower, GingerBeer)														
Tonic water														
Corona beer		X												
Becks beer		X												
Red wine														
White wine														X
Prosecco														X
Britvic Tomato Juice cocktail	X	X												
Britvic Cranberry Juice cocktail														
Gordon Gin														X
Makers Mark Bourbon														
Kwai Feh Lychee Liqueur														
Blue Curacao														
Kahlua														
Absolut Vodka														
Captain Morgan Dark														
Campari Milano														
Martini Bianco (kosher supervised)														X
Disaronno														
Angostura bitters														X
Schweppes Pink Soda														
San Pellegrino Limonata														
Coffee														
Oat Milk		X												
Cow Milk							X							
English tea bag														
Fruit tea bag														
Chai Latte Mix														
Hot chocolate Cadbury powder							X							
Non dairy (parev) squirty whipped cream														
Marshmallows					X									

Cocktails and Mocktails

	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Espresso Martini														
Tirimasu Martini														
Lychee Martini		garnish packed in factory handling								garnish packed in factory handling	garnish packed in factory handling	garnish packed in factory handling	garnish packed in factory handling	
Marshmellow Negroni														X
Old Fashioned														X
The JW3														
The '77														
Paloma														
Watermelon / Candy Lemonade														
The Sunset		garnish packed in factory								garnish packed in factory	garnish packed in factory	garnish packed in factory	garnish packed in factory	
Virgin Pina Colada														
Chilli Margarita														
Whisky Sour														

Ice Creams & Ice Lollies

	Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Crunch XL		X		X			X			X	X	X	X	
Crunch Mini		X		X			X			X	X	X	X	
X-treme Vanilla cone		X		X			X			X	X	X	X	
X-Treme XL Fudge		X		X			X			X	X	X	X	
X-Treme Chocolate cone		X		X			X			X	X	X	X	
Mehadrin Sorbet Mango		X		X			X			X	X	X	X	
Mehadrin Sorbet Strawberry		X		X			X			X	X	X	X	
Mehadrin Sorbet Lemon-Nana		X		X			X			X	X	X	X	
Nestle Watermelon		X		X			X			X	X	X	X	
Mini Ice Lollies		X		X			X			X	X	X	X	
La Frutta Squeeze		X		X			X			X	X	X	X	
Booja Booja Chocolate Salted Caramel										X	X			
Booja Booja Raspberry Riple										X	X			
Booja Booja Caramel Pecan Praline										X	X			
Booja Booja Vanilla										X	X			
Booja Booja Deeply Chocolate										X	X			
Booja Booja Mango & Raspberry										X	X			
X-Treme Pretzel Vanilla		X		X			X			X	X	X	X	
X-Treme Pistachio Vanilla		X		X			X			X	X	X	X	
X-Treme Almond		X		X			X			X	X	X	X	